

April Fool's Run 2010

Race Day Info



Race Start: Sunday, April 11th
8:00am Early Start (3:15+ finish time) – chip timed
9:00am Main Start – chip timed

Timing Chip:



DON'T FORGET to pick up your chip at Gibsons Community Centre, **ON RACE MORNING** between 7:30 and 8:45. Remember... you **MUST** have a ChampionChip® to get an official result. **NO CHIP = NO TIME!** Your timing chip will be on a Velcro band which you must wear on your ANKLE. Note there is a \$40 charge for each timing chip that is not returned after the event. *There is NO START MAT: results are by GUN TIME only.*

Getting to the race:

Ferry foot passengers: get on the school or public bus after disembarking and you will be taken to the start (\$2.25). Drivers: straight at the first lights, up the hill, left at the top, right onto North Rd, right on Gibsons Way, right on Sunnycrest Rd, left at end. Community Centre straight ahead.

Parking:

Plenty of free parking at the Community Centre. Please leave closest spots for community centre customers.

Washrooms:

There are lots of indoor washrooms at the Community Centre. There will be 1 portapotty at each aid station + 1 more. Indoor toilets at the finish.

Gear Check:

Free. We will provide bags or use your own. We will attach your bib tear-off tag to your bag. Bring to packet pickup room in the Community Centre. We'll transport your gear to the finish line. Show your bib # to pick up.

Relay Teams:

IMPORTANT: Please see special relay instructions on reverse.

Finish Line:

After your chip is collected you will receive your finisher's medal. Refreshment tent will be located just past the medal handout area.

Buses:

FREE school buses will run from the finish back to the start, leaving when full. One bus will leave at 11:20 and go to the ferry in time for the 12:20 sailing. Last bus will leave by 12:45 and continue to the 2:30 ferry.

Awards:

Presented at the finish area by the beach. Presentation will start at approx 11:30am. Prizes can be picked up at the awards tent until 12:30pm.

Showers:

Changerooms are available at the Gibsons Community Centre. Show your bib # to get a free shower.

www.foolsrun.com

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Relay Team Info



Timing Chip/ Bib Numbers:

Only the *last runner* wears the **ChampionChip®**. Each runner wears the bib number corresponding to their leg #. Make sure your bib number is clearly visible on your front when reaching the finish line.

to Exchange 1:

Go back down Park Rd to the highway (do not follow race route) and turn right. Leave before 9am or you'll have to wait for runners to cross the Hwy at Pratt. Go ~800m then turn left onto Veterans, then immediately left onto the frontage road (parking). Exchange zone is at Veterans & the hwy.

to Exchange 2:

Get back onto the highway (left turn from Veterans). At Lower Road, **stay on the highway**. Proceed to Joe Road (see map) and turn left. At the bottom, turn around and park on Joe. **Do not park on Lower Road**. The exchange zone is 75 metres past Joe Road, on Lower Road.

to Exchange 3:

Go back up to the highway and turn left towards Sechelt. At Marlene Road you have two parking options: a) Turn right just past Marlene onto Lockyer Road and park, then **very carefully** cross the highway at Marlene; or b) turn left onto Marlene Road (watch for runners coming up the hill), then left on Spruce to park. Exchange zone is just before the top of Marlene.

to Finish:

Get back on the highway from Marlene or Lockyer and continue towards Sechelt. You are now on the race route. When you get to Davis Bay, drive **past the finish area** to park (on highway past Westley Rd or on side streets). **NO PARKING ACROSS FROM FINISH AREA**.

Finisher Medals:

When receiving your finisher's medal, show the volunteer your bib number and mention you are on a relay team so you can get the right number of medals for your team! (say 2 or 4 person)

Exchange 2 driving map:

